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Making Carbs Count - Diabetes Clinic 1 Medium Baked Potato W. Yogurt Tossed Salad W.

Light Dressing Diet Soda ½ C Frozen Yogurt 1 2 0 0 1_4 Meal Bolus: _14.4_ Correction: _4.4_ Total Taken: 18.8 Two Hour BG: 8.1 Activity: Walked Home From Work (1/2 Hour) Snack Time: 10:15 Blood Glucose: 6.5 1 Cup Skim Milk 1 Slice 1th, 2024

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