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• Allow A Workout Area Of At Least 8'4" L X 6'6" W (2.6 M X 2 M) Of Free Space For Safe Operation Of The Bowflex® Blaze™ Home Gym. • Keep Your Body Weight Centered On The Machine, Seat, Or Base Frame Platform While Exercising. • Keep Out Of The Power Rod® May 2th, 2024

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