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(30 Min) Spinning Zumba Gutts 'n Butts (30 Min) Fun And Friendly Fitness Total Body Workout Zumba & Drums  
Timemondays tuesday Wednesday Thursday Friday  
Yoga 11:15 Am Yoga 10:45 Am Yoga 11:15 Am 6:15 6:30 6:30 9:00 9:15 8:00  
Yoga Yoga Tank Top Arms (30 Min) 10:30 Am Rock Bottom (30 Min) Hot  
Yoga Poolside Monday To ... Jan 2th, 2024.

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190 190 Time (Duration) Of Exercise T Jan 2th,

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