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At The East Northport Festival. On September 10 & 11 Is It The Library Table In John Walsh Park From V 11:00 A.m.-5:00 P.m. On Saturday, September 10 . And Sunday, September 11. At . Cow Harbor Day On Sunday, September 25 Stop By The Library Table In Village Park. Library Jan 3th, 2024

### **FOR ADULTS FOR CHILDREN FOR ADULTS FOR ADULTS ...**

“Romeo & Juliet” (N) Friday, August 13, 7:30 P.m. Shakespeare’s Most Popular Play Comes To Life! The Tender Romance Of Romeo And Juliet Is Set Amidst The Violent Conflict Of Their Two Families. Tickets, Which Are Now Available, Are \$1 For Adults, 50¢ For Students, Senior Citizens Apr 1th, 2024

### **The FOR ADULTS FOR ADULTS FOR ADULTS FOR ...**

Applications Are Available October 1 At Either Library. Meet The Author: Jerry Spinelli (N) Thursday, October 14, 7:30 P.m. Jerry Spinelli, Author Of The Newbery Medal Winning Book Maniac Magee, Will Be Visit-ing The Northport Library! Mr. Spinelli’s Other Titles Include Wringer, Crash, Stargirl, Loser, The Library Card, Milkweed, And Mar 2th, 2024

### **CBT Pie Chart - Oklahoma TF-CBT**

Responsibility Pie Chart 1. Identify The Area In Which The Patient’s Sense Of Responsibility Seems Distorted I Am Responsible For His Death Because I Chose Where We Would Go On Holiday 2. Rate The Strength Of The Belief 99% 3. Have The Patient Make A List Of All The Possible Causes Fo Jun 3th, 2024

### **Cognitive Behavioural Therapy Goals And Objectives CBT CBT ...**

2 Emotional Response Situation Or Event Beliefs, Interpretations, Thoughts 1. Antecedents 2. Behaviours 3. Consequences Other CBT Concepts Automatic Thoughts Current Beliefs And Thoughts That Are Easily Triggered Applied Without Proper Evidence Or Scrutiny Often Happen So Fast That People Aren’t Even Aware They Are There Cognitive Distort Apr 1th, 2024

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### **Cbt Worksheets For Adults**

Cbt Worksheets For Adults This Page Displays CBT Worksheets. CBT Worksheets Aim To Help Individuals In Changing Their Cognitions To Help Deal With Challenging Situations. It Enables Individuals To Reshape Their Cognitions And Replace Negative Cognitions With Positive Ones To Manage Difficult Jan 3th, 2024

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Focusing On Your Stated Goals During Every Session.” 2) Agenda Setting Should Be Collaborative. A) “At The Start Of Each Meeting We Will Come Up With An Agenda Together.” 3) Keep The Agenda Limited To 2-3 Items. A) It Is Difficult To Adequately Discuss More Than 3 Agenda Items In Any One Session. B) If More Than 3 Items Come Up During The ... Mar 2th, 2024

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Captain Corelli's Mandolin (N) Friday, April 5, 1:30 P.m. Nicolas Cage And Penelope Cruz Star In This Drama About An Italian Officer Assigned To A Remote Greek Island During World War II. Rated R. 129 Min. Friday Movies For Adults Goodnight Mister

Tom (N) Friday, April 19, 1:30 P.m. Tom Oakley, A Cantankerous Old Man, May 2th, 2024

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Physical Activity For Adults And Older Adults -400/0 -35% -30% -25% Benefits Health Apr 1th, 2024

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### **Safe Adults, Safe Touches And Special Safe Adults**

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