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The Induction And Hypnotic Testing Should Take About 50 Minutes. The Initial And Final Periods Are Flexible, Depending Upon The Time Available. With Careful Planning And Efficient Distribu— Tion Of The Response Booklets, A 70—minute Total Time Period Should Be Adequate. Jun 1th, 2024

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1998), It Is Not Thought As A Self-hypnosis Method. Self-hypnosis Is Necessary When The Therapist Needs To Generate A Sense Of Self-determination In The Patient (as Oppo-sed To Be Dependent On The

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